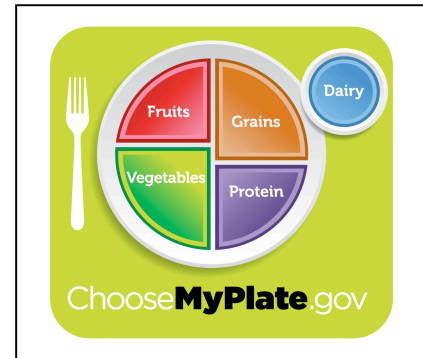


NEW MEAL PRICES Still a real deal!



Breakfast

Elementary.....	\$1.20
Middle.....	\$1.30
High.....	\$1.30
Adult.....	\$1.80

LUNCH

	\$2.00
	\$2.35
	\$2.50
	\$2.75

Many families qualify for free or reduced price meals.
Contact your school office for an application or go to www.applyforlunch.com

VALUE MEALS

Food and Nutrition Services at Broward County Public Schools provides students the opportunity to select a lunch meal deal consisting of 5 meal components. The student may choose 3, 4, or 5 components for the same low price. The components are proteins, grains, low fat milk, fruit, and vegetable. The idea of “3 is good, 4 is better and 5 is best” is promoted to assure the greatest variety and nutrient intake. School lunch meals provide an assortment of delicious foods daily including hot entrees, meal salads, fresh fruit, and vegetables.

New standards for school meals were implemented July 1, 2012, which will result in healthier meals for students across the nation. These new meal requirements are a key component of the *Healthy, Hunger-Free Kids Act*, which was championed by the First Lady as part of her *Let's Move!* Campaign and signed into law by President Obama. Look for an increased selection in the amount of fresh healthy foods including fruits and vegetables. We are proud to participate in the Farm to School Program, when possible, encouraging our students to eat fresh fruit and vegetables grown here in Florida.

The legislation also requires meal prices to be in line with federal subsidies for students who receive Free and Reduced Price Meals. All school districts are required to gradually increase their meal prices. Our children are worth this financial investment.

Packed lunches of equivalent nutritional value, for which parents must spend time shopping and preparing, cost more than school lunch. Studies have shown that children who participate in school lunch eat more nutritious food such as fruits, vegetables, low fat dairy and whole grains than children who do not.

We look forward to your child joining us for breakfast and lunch.